

Study reveals that most
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Tension headache or migraine?

Have you ever wondered which you were suffering from? According to a recent study, many people thought they were suffering from tension headaches when, in fact, they were experiencing migraines. This misunderstanding can lead to ineffective treatment.

In a study of approximately 400 people who had described their headaches as “tension,” it was found that the majority of them met the criteria for migraines. Typical symptoms of migraine include moderate to severe pain aggravated by movement, nausea, vomiting, and sensitivity to light and sound.

They had originally believed their headaches were tension-related because of the additional symptoms suffered. These individuals reported that their headaches:

- occurred when tense or stressed
- had a pressing or tightening quality

- involved discomfort in the neck or shoulders
- occurred when relaxing after being tense or stressed

Additionally, participants were asked how they had treated their tension headaches: only 1 out of 4 had used prescription medicine. For patients diagnosed with migraines, there are prescription medicines, like IMITREX, specifically made to target migraines and provide effective relief.

It’s important to understand the symptoms and severity of individual headache attacks so that you can treat them with the proper medication. IMITREX is only for migraines. If you experience a headache that is different from your usual migraine attack, talk to your doctor.



***IMPORTANT INFORMATION ABOUT IMITREX®
(sumatriptan succinate)***

IMITREX Tablets are prescription medicine for the acute treatment of migraine attacks, with or without aura, in adults. You should not take IMITREX if you have certain types of heart disease, a history of stroke or TIAs, peripheral vascular disease, Raynaud syndrome, or blood pressure that is uncontrolled. If you have risk factors for heart disease, such as high blood pressure, high cholesterol, diabetes, or are a smoker, you should be evaluated by your doctor before taking IMITREX. Very rarely, certain people, even some without heart disease, have had serious heart-related problems when taking IMITREX.

If you are currently taking other medications or if you are pregnant, nursing, or thinking about becoming pregnant, you should talk to your doctor before taking IMITREX. If your headaches are not migraines, IMITREX is not for you.

Please see complete Prescribing Information for IMITREX Tablets.



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